

Hickory Academy Class Schedule

	Monday	Tuesday	Wednesday	Thursday	Saturday
10am to 10:45am		Homeschool Karate		Homeschool Karate	
4:30pm to 5:15pm	Kids Karate Beginners (7 years to 12) <hr/> Grappling Grizzlies (4 years to 6)	Kids Karate Beginners (7 years to 12) <hr/> Kicking Cubs (4 years to 6)	Kids Karate Beginners (7 years to 12) <hr/> Grappling Grizzlies (4 years to 6)	Kids Karate Beginners (7 years to 12) <hr/> Kicking Cubs (4 years to 6)	9am to 9:45am Karate Weekly Review All Ranks <hr/> 10am to 10:45am Sparring Class Gold Belts and Up (7 and up) <hr/> 11am to 11:45am Leadership Team (as scheduled by invitation only)
5:30pm to 6:15pm	Kids Karate Beginners and Intermediate (7 years to 12) <hr/> Kids Jiu-Jitsu (7 years to 12)	Kids Karate Beginners and Intermediate (7 years to 12) <hr/> Advanced Kids Karate (7 years to 12)	Kids Karate Beginners and Intermediate (7 years to 12) <hr/> Kids Jiu-Jitsu (7 years to 12)	Kids Karate Beginners and Intermediate (7 years to 12) <hr/> Advanced Kids Karate (7 years to 12)	
6:30pm to 7:15pm	Kids Karate Beginners and Intermediate (7 years to 12) <hr/> Teen/Adult Jiu-Jitsu (12 and Up)	Kids Karate Beginners and Intermediate (7 years to 12) <hr/> Teens and Adult Karate All Ranks (13 and up)	Kids Karate Beginners and Intermediate (7 years to 12) <hr/> Teen/Adult Jiu-Jitsu (12 and Up)	Kids Karate Beginners and Intermediate (7 years to 12) <hr/> Teens and Adult Karate All Ranks (13 and up)	
7:30pm to 8:30pm	Teen/Adult Advanced Karate Blue Belts and Up Only <hr/> Jiu-Jitsu Open Mat (13 and up)	Teen/Adult Advanced Karate Blue Belts and up Only <hr/> Teen/Adult Jiu-Jitsu (12 and Up)	Teen/Adult Advanced Karate Blue Belts and Up Only <hr/> Jiu-Jitsu Open Mat (13 and up)	Teen/Adult Advanced Karate Blue Belts and up Only <hr/> Teen/Adult Jiu-Jitsu (12 and Up)	

