


Hickory Academy Class Schedule

	Monday	Tuesday	Wednesday	Thursday	Saturday
11am to 11:45am		Homeschool Karate		Homeschool Karate	Private Lessons By Appointment
4:30pm to 5:15pm	Kids Karate Beginners (Kids 7 to 12)	Kids Karate Beginners (Kids 7 to 12)	Kids Karate Beginners (Kids 7 to 12)	Kids Karate Beginners (Kids 7 to 12)	9am to 9:45am Kids Karate All Ranks (7 and up)
	Junior Jiu-Jitsu (Kids 4 to 6)	Junior Karate (Kids 4 to 6)	Junior Jiu-Jitsu (Kids 4 to 6)	Junior Karate (Kids 4 to 6)	10am to 10:45am Teen/Adult Karate (7 and up)
5:30pm to 6:15pm	Kids Karate All Ranks (Kids 7 to 12)	Kids Karate All Ranks (Kids 7 to 12)	Kids Karate All Ranks (Kids 7 to 12)	Kids Karate All Ranks (Kids 7 to 12)	11am to 12:00pm Adult Gracie Jiu-Jitsu
	Kids Gracie Jiu-Jitsu (All Ranks 7 and up)	Kids Gracie Jiu-Jitsu (All Ranks 7 and up)	Kids Gracie Jiu-Jitsu (All Ranks 7 and up)	Kids Gracie Jiu-Jitsu (All Ranks 7 and up)	
6:30pm to 7:15pm	Kids Karate All Ranks (All Ranks 7 to 12)	Kids Karate All Ranks (All Ranks 7 to 12)	Kids Karate All Ranks (All Ranks 7 to 12)	Kids Karate All Ranks (All Ranks 7 to 12)	
	Teen/Adult Jiu-Jitsu Fundamentals	Teen/Adult Karate (All Ranks)	Teen/Adult Jiu-Jitsu Fundamentals	Teen/Adult Karate (All Ranks)	
7:30pm to 8:30pm	Adult Gracie Jiu-Jitsu (All Levels)	Adult Gracie Jiu-Jitsu Fundamentals	Adult Gracie Jiu-Jitsu (All Levels)	Adult Gracie Jiu-Jitsu Fundamentals	
	Advanced Karate (Blue and up)	Advanced Karate (Blue and up)	Advanced Karate (Blue and up)	Advanced Karate (Blue and up)	

*Karate Students need a full karate uniform and belt for each class. *Jiu-Jitsu Students need a full white uniform and belt for each class.

*Classes will start on time, please arrive before class begins.