


# Hickory Academy Class Schedule: 2021

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:30pm to 5:15pm	Kids Karate Beginners 7 and up  And Grappling Grizzlies 4 to 6 years old	Kicking Cubs 4 to 6 years old  And Kids Karate Kids 7 to 11 years old	Kids Karate Beginners 7 and up  And Grappling Grizzlies 4 to 6 years old	Kicking Cubs 4 to 6 years old  And Kids Karate Kids 7 to 11 years old	Private Lessons By Appointment	Karate All Levels Kids and Adults 7 years and up  9am to 9:45am
5:30pm to 6:15pm	Kids Karate All Level 7 and up  Kids Jiu-Jitsu Kids 7 to 11 years old	Kids Karate All Level 7 and up  Kids Jiu-Jitsu Kids 7 to 11 years old	Kids Karate All Level 7 and up  Kids Jiu-Jitsu Kids 7 to 11 years old	Kids Karate All Level 7 and up  Kids Jiu-Jitsu Kids 7 to 11 years old	Group Self Defense Seminars By Appointment	Sparring Class Kids and Adults 7 years and up  10am to 10:45am
6:30pm to 7:15pm	Gracie Jiu-Jitsu Teen and Adults  And Karate All Ranks	Kids Karate All Levels Kids 7 and up  And Teen/Adult Karate 13 years and up	Gracie Jiu-Jitsu Teen and Adults  And Karate All Ranks	Kids Karate All Levels Kids 7 and up  And Teen/Adult Karate 13 years and up		Jiu-Jitsu Kids and Adults 7 years and up  11am to 11:45am
7:30pm to 8:30pm	Advanced Karate Blue Belts and up  Modern Martial Arts MMA Class 13 years and up	Advanced Karate Blue Belts and up  Gracie Jiu-Jitsu Teen and Adults	Advanced Karate Blue Belts and up  Modern Martial Arts MMA Class 13 years and up	Advanced Karate Blue Belts and up  Gracie Jiu-Jitsu Teen and Adults		Private lessons by appointment
10am to 10:45am		Morning Karate All Ranks		Morning Karate All Ranks		
11am to 11:45am	Private lessons by appointment					