

## Hickory Academy of Martial Arts: 2023 Hickory Class Schedule

	Monday	Tuesday	Wednesday	Thursday	Saturday
<b>4:30pm to 5:15pm</b>	<b>Junior Jiu-Jitsu</b> Kids 4 to 6 Years Old <hr/> <b>Kids Karate</b> Kids 7 to 12 Years Old	<b>Kicking Cubs</b> Kids 4 to 6 Years Old <hr/> <b>Kids Karate</b> Kids 7 to 12 Years Old	<b>Junior Jiu-Jitsu</b> Kids 4 to 6 Years Old <hr/> <b>Kids Karate</b> Kids 7 to 12 Years Old	<b>Kicking Cubs</b> Kids 4 to 6 Years Old <hr/> <b>Kids Karate</b> Kids 7 to 12 Years Old	<b>9am Karate All Ranks</b> <hr/> <b>10am Karate Sparring</b> <hr/> <b>Private Lessons by Appointment</b>  
<b>5:30pm to 6:15pm</b>	<b>Kids Karate Beginners</b> Kids 7 to 12 Years Old <hr/> <b>Kids Jiu-Jitsu</b> Kids 7 to 12 Years Old	<b>Kids Karate Beginners</b> Kids 7 to 12 Years Old <hr/> <b>Kids Jiu-Jitsu</b> Kids 7 to 12 Years Old	<b>Kids Karate Beginners</b> Kids 7 to 12 Years Old <hr/> <b>Kids Jiu-Jitsu</b> Kids 7 to 12 Years Old	<b>Kids Karate Beginners</b> Kids 7 to 12 Years Old <hr/> <b>Kids Jiu-Jitsu</b> Kids 7 to 12 Years Old	
<b>6:30pm to 7:15pm</b>	<b>Kids Karate All Ranks Karate</b> 7 Years old and up. <hr/> <b>Teen Adult Jiu-Jitsu</b> Ages 13 and Up	<b>Kids Karate All Ranks</b> 7 to 12 Years Old <hr/> <b>Teen/Adult Karate All Ranks</b> 13 Years Old And Up	<b>Kids Karate All Ranks</b> 7 Years old and up. <hr/> <b>Teen Adult Jiu-Jitsu</b> Ages 13 and Up	<b>Kids Karate All Ranks</b> 7 to 12 Years Old <hr/> <b>Teen/Adult Karate All Ranks</b> 13 Years Old And Up	
<b>7:30pm to 8:30pm</b>	<b>Advanced Karate Blue Belt and Up</b> Ages 13 and Up	<b>Advanced Karate Blue Belt and Up</b> Ages 13 and Up	<b>Advanced Karate Blue Belt and Up</b> Ages 13 and Up	<b>Advanced Karate Blue Belt and Up</b> Ages 13 and Up	
<b>11am to 11:45am</b>		<b>Homeschool Karate</b> Ages 7 and Up		<b>Homeschool Karate</b> Ages 7 and Up	

